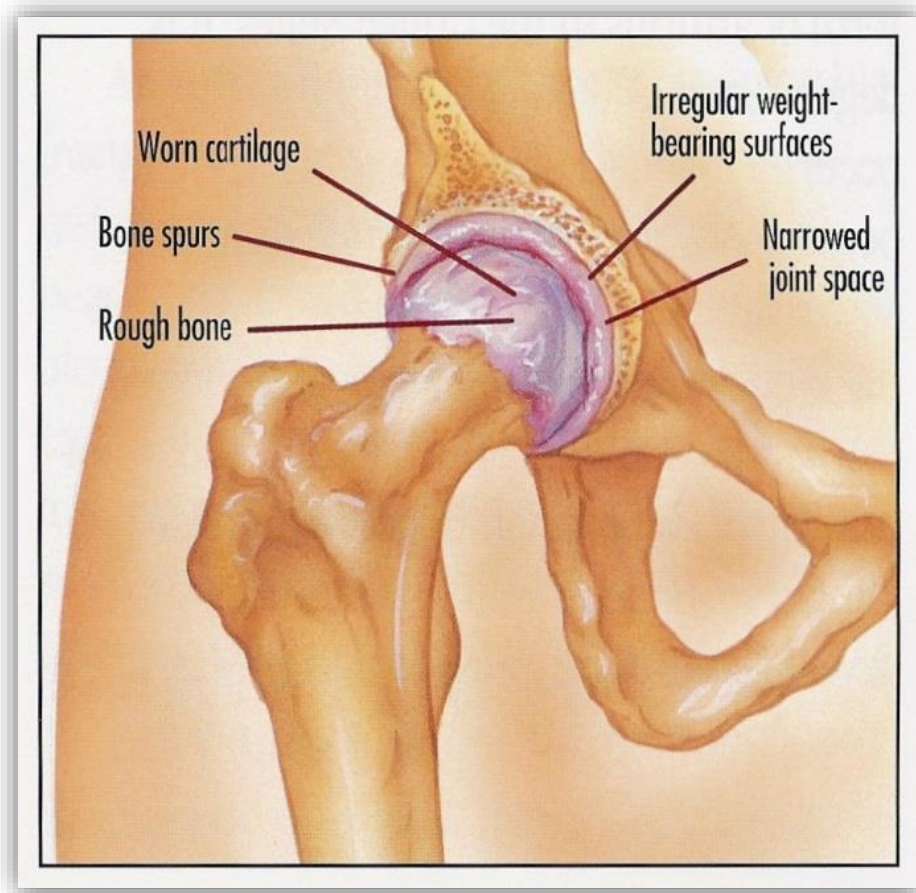


Your Joint Replacement: Total Hip

Your Joint Replacement: Total Hip

► Arthritis of the hip



Your Joint Replacement: Total Hip

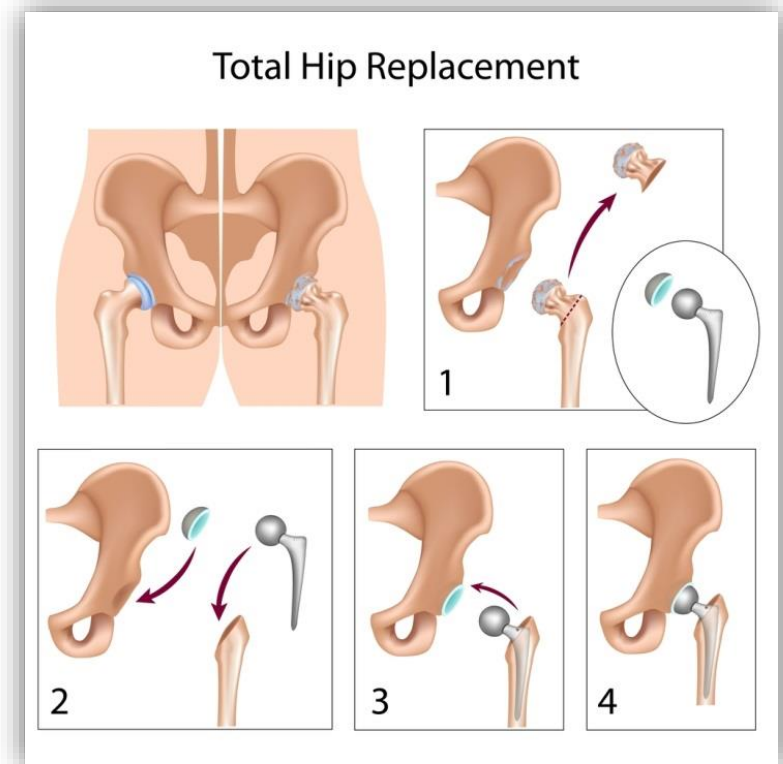
- ▶ X-ray of normal hip vs. arthritic hip



Your Joint Replacement: Total Hip

► Surgical Process

- Surgeon will take off the top part of the femur
- Clean out the socket of your joint
- Titanium prosthesis will replace head of femur and socket of joint
- Results in some nice, clean joint movement after you are done recovering.



Your Joint Replacement: Total Hip

- ▶ Hip after total hip replacement
- ▶ You will have 3 movement precautions post surgery that will last for approximately 2 months or until your surgeon says otherwise.



Your Joint Replacement: Total Hip

► Hip Precautions



Can **NOT** go past 90
degrees



Can **NOT** turn toes
inward



Can **NOT** cross
your legs

In order to get your old hip out and the new hip in, the surgeon has to spread apart some muscles, which makes them weak.

Putting your leg/hip in any one of these positions will push against the weak muscles and you are more apt to dislocate.