

Same Day Surgery: Hospital Stay

Same Day Surgery

► Hospital Stay

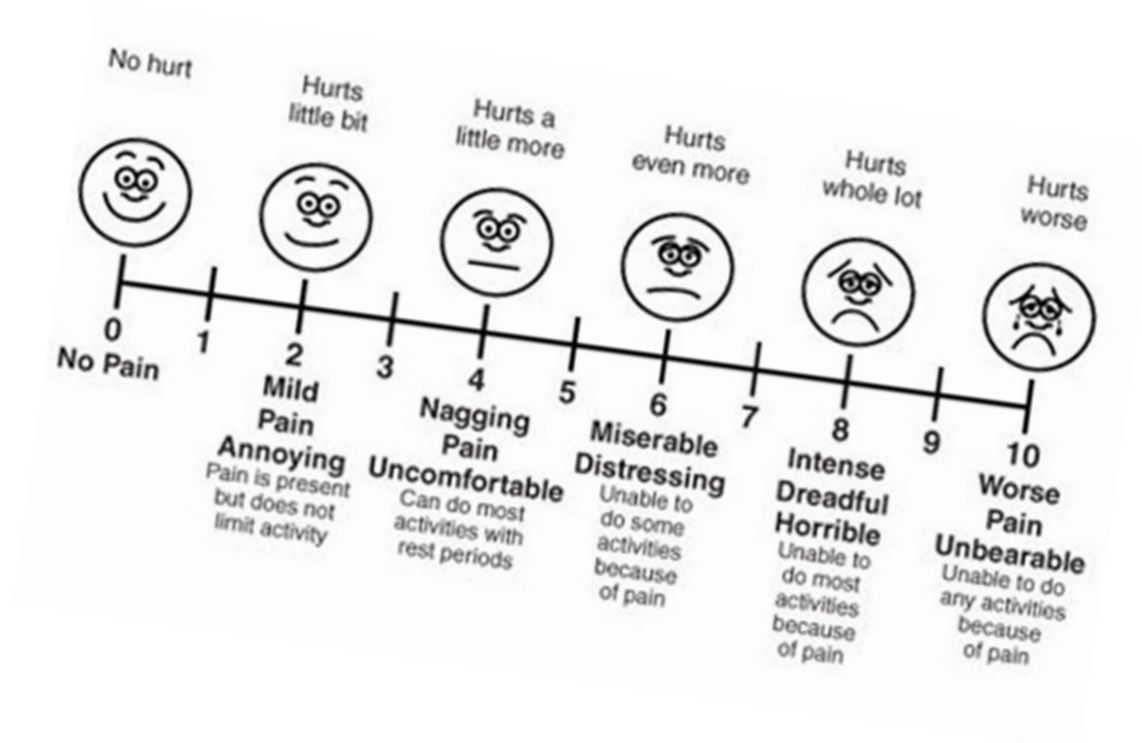
- After your surgery, you will come out to the recovery room.
- Your nurse will monitor your vital signs, incision site, pain and overall comfort
- Once the anesthesia wears off, you will get out of bed to use the rest room
- Physical therapy will come to see you to do their assessment



Same Day Surgery

► Pain

- Make sure that you let your nurse know when you start having pain
- The goal is to keep your pain at a 5/10 or below



Same Day Surgery

- ▶ Physical therapy
 - A physical therapist will come to evaluate you before you are cleared to go home
 - He/She will see how you get out of bed, stand, walk and perform stairs
 - He/She will also go over your exercises with you

- ▶ Bring your walker in with you so that it can be adjusted appropriately